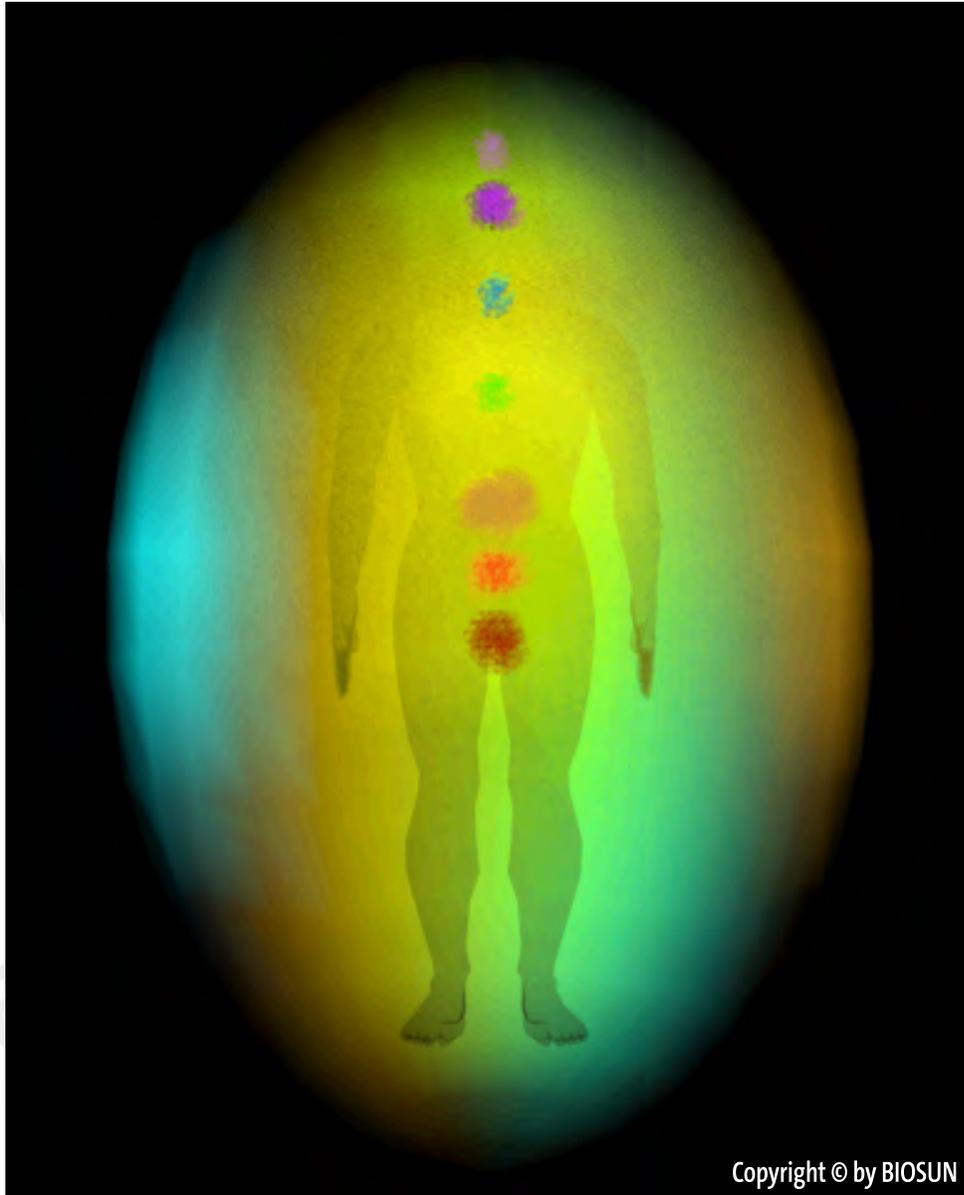


# Application Study with Aura Photography



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Traditional healer - Aura photographer

## 1. Introduction

Ear candles have been successfully used by traditional healers and naturopathic doctors for 20 years. **Ear candling** has become a fixture in naturopathy as both a single therapy and as an accompanying treatment. This **gentle**, alternative **practice** has successfully established itself.

It is used to **treat numerous complaints** in the head area such as sinusitis, rhinitis, colds, hearing troubles, tinnitus and migraines. In relaxation therapy, ear candles are used to treat symptoms of stress, including:

- nervousness
- unrest
- hyperactivity
- sleep disturbances
- concentration difficulties
- headaches

The basic principle of ear candling has been known by various cultures since time immemorial.

What is behind this principle?

Aura photography is a suitable method of **measuring** and **documenting** the **relaxation** that clients feel during an ear candle treatment in a technical way using a biofeedback device.

## 2. Aura photography: The basics

The Auravideostation, produced by the American company Inneractive, represents an attempt at a technical simulation of the **phenomenon of the aura**. As it is not possible to use a normal lens to capture an aura, the following technical "detour" has been taken:

The exact description of the system is "Biofeedback Imaging System", which means that the client is provided with a visual feedback (=reaction coupling) of their biological condition.

As all the information about a human is reflected in their hand (similar to iris recognition or the foot reflex zone massage), you can use the hand to **measure** information in the form of electrical potential differences. These values were then attributed colours, which can be seen in the aura of a person by clairvoyant people. Thus it has been possible to **calibrate** this "lie detector" with **aura colours** and, with the help of this information, comprehensive software has been developed which, with the help of these

correlations, can be used to convert these values into colours. The software then simulates the aura colours onto a portrait photograph of the client. This technology has become extremely established in practical work with energy (=the inner conditioning of a person). The greatest benefit is that the aura can be presented in real time, so that rapid changes during a treatment can be recognised immediately, especially in cases where a treatment has a significant effect on the psyche and the energy field of the patient. The device is, therefore, not just suitable for the physical diagnosis, but also for the diagnosis and representation of the inner being of the patient.

Due to this apparatus, which can immediately display the fine impulses within the human body, the **effects** of an individual ear candling treatment were chosen over a longer series of treatments. The intention was to measure and **document** the immediate effect of **Biosun Ear Candles**, which goes well beyond the proven physical level and reaches deep into the psyche. It is now possible to not just evaluate the subjective impression of the client, but also to more closely capture and understand what happens within their psyche. So, for example, the subjective unpleasant impression of a client who carries a lot of repressed anger can be understood differently when you recognise that the **relaxation** led to the client's "emotional rubbish" being offloaded.

This is why there is an evaluation by the experienced therapist, who explains the changes in the aura and who thus makes it comprehensible for non-professionals.

### 3. Carrying out the Biosun Ear Candles application study

The effect of the **ear candle treatment on the aura** will be presented using a group of 20 patients who have been selected at random. A special pre-selection of the clients was specifically avoided to eliminate any influence by the therapist and to present an average, which occurs naturally in the therapist's day-to-day work. Half of the patients had previous experience with relaxation techniques, such as Ayurveda massages or Reiki. Only one single treatment was presented per client; there were no series of treatments. The direct **effect** of a treatment of approx. 30 minutes duration **was to be measured.**

The process was as follows:

The client lies on a comfortable treatment table. We make sure that there is a **harmonious ambience**, with suitable music and aromatic oils. As recommended by the manufacturer, both ears are treated, and it is ensured

that the patient's relaxation is not disturbed whilst changing sides. The **balance** and **charisma** of the therapist was a key aspect, so that the stress of the therapist did not transfer to the clients. A level basic relationship was also aimed for and there was only one occasion when a therapist was used who was **considered** to be too unsettled.

We are working with an Auravideostation manufactured by the American company Inneractive. The client is connected to the measuring scale immediately before and after the treatment. This device has become established in the representation of chakras and aura colours in the therapeutic practice.

Various parameters can be read:

### **State of the chakras**

The opening of the chakras is clearly visible; a blocked chakra is displayed in dark colours, is extremely small or frayed. An open chakra is round and has a bright, clear colour. The ideal here is for all chakras to be of a similar size, as this means that the energy flows through the whole person, without any congestion.

### **Clarity of the aura colours**

When it comes to the colours of the body's aura, it is the clarity and brightness that are decisive. Intensive, bright, clear colours are certainly better than brown, grey or dirty-looking colours. These colours are always an expression of blocked, spent energy.

### **Changes to the aura colour in the central area**

The internal area of the aura has a deeper, more long-term significance. Personality colours can often be recognised here, or conditions that can be felt deep within. If there are changes here they reflect a profound change.

### **Changes in the size of the aura = total energy**

The size of the aura can also be easily seen. Ideally, the aura should be large and should have an egg-shape with clear borders. In certain meditative states, the aura is smaller, because the energy is being drawn inwards, but this can be explained through the colours of the aura (e.g. blue, lilac), which signify a deep relaxation or inner immersion.

### **Interpretation of the overall picture**

The 20 years of experience in working with people made itself felt here. We could, for example, go into the **healing processes** in the life of a person. E.g. someone who has a strong tendency for suppressing rage or sadness

can access his or her **emotions** through the deep relaxation. At first glance, this may seem to "impair" the overall impression, but it is actually a key part of the healing process, which is **positively viewed** by experienced therapists. Here we are entering a field that goes beyond objectivity and advances into the intuitive sphere. Discussions and direct human contact with the **client** play a great role here, even in therapy. In order to capture the change to the whole organism, we need a short description of what comprises the inner being.

The ideal of an **aura** is always a **constant flow**, which is represented through balanced chakras, clear colours and a clear, egg-shaped border.

### **Subjective impression of the patient**

Recording the subjective impression of the patient is extremely important. It will often confirm the impression of the measurements taken and is, ultimately, the most important parameter for ascertaining the effect of ear candles on the patient. This impression contains the original statements of the patient.

## **4. Results of the ear candling treatment:**

### **4.1 Subjective results**

It was noticeable that almost all clients (apart from one exception) spoke of a pleasant feeling of well-being and a deep **relaxation** from the ear candles. Everyone was able to detach themselves from their everyday and was keen on experiencing the treatment again.

Two clients found the **music** to be a sensory overload, while others found it to be **enriching**. It is recommended that the individual musical taste of the client be taken into account prior to the treatment.

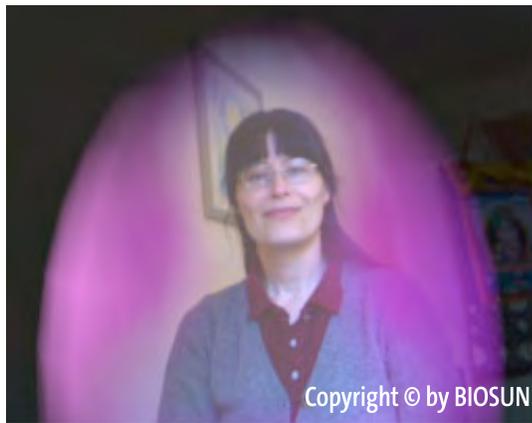
### **4.2 Changes**

For all clients a clearly **measurable change** could be detected within the relatively short time frame. In all cases there were either changes in the chakras, the size of the aura, or the colours, which are **immediately visible** to non-professionals. Some results occurred that would normally only be expected after a longer treatment or meditation.

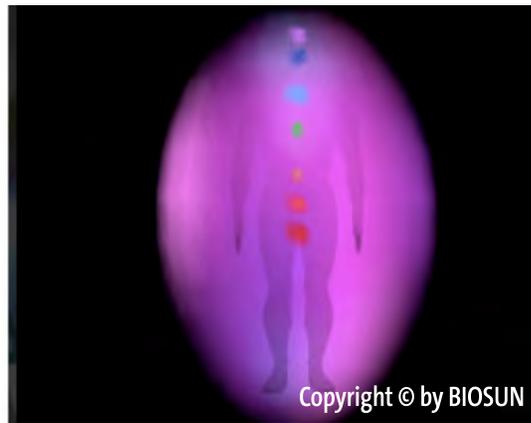
Below we present 4 test persons, who serve as great examples for the main changes, in greater detail:

## 1st EXAMPLE:

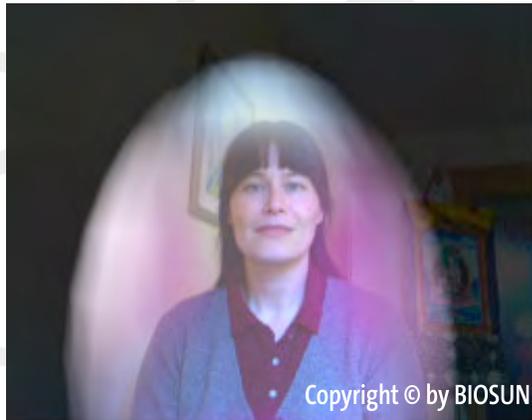
Test person no. 15, female, 46 years old



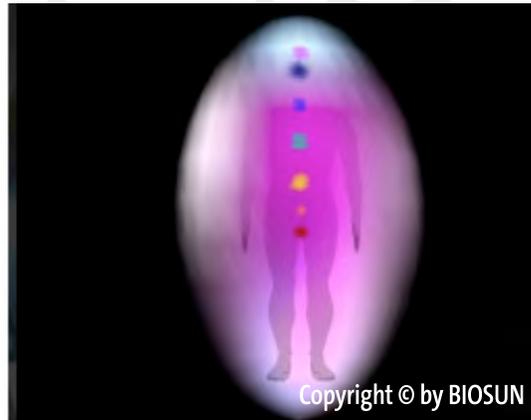
**Before treatment**



**Before treatment**



**After treatment**



**After treatment**

The client has a long-term inclination towards **purple tones** in her aura. These kinds of **people are very sensitive**; they react very quickly and acutely to influences and, as such, make very suitable test persons. They are extremely emotional people who always listen to their feelings. In addition, they are full of empathy and tend to have a more delicate constitution. The clarity of the colours is, therefore, decisive. The darker purple prior to the treatment is a colour which suggests withdrawal and a slightly serious prevailing mood.

After the treatment the **size grew from 50 cm to 60 cm**, which suggests a stronger flow of energy to the aura. The overall picture gets a lot lighter, as there is a lot more white light flowing in the aura. White makes a very clear, pure impression; it is a colour that represents a surge in **life energy** but that also displays a deep relaxation. It often occurs after a deep meditation,

and stands for a deep, **inner satisfaction** and an **inner peace**. The white light flows into the aura from above and then flows out through the feet; it represents an aura that is flowing in an ideal way.

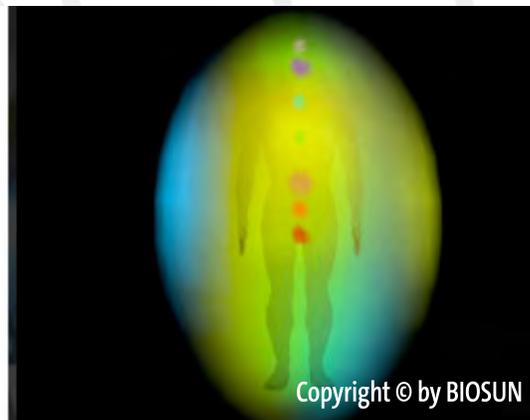
The chakras have mainly become larger and clearer in the upper area; this is also significant for a **harmonious overall energy flow**. The patient feels extremely relaxed and is certainly more with it. She was able to really allow herself to relax.

## 2nd EXAMPLE:

Test person no. 8, female, 48 years old



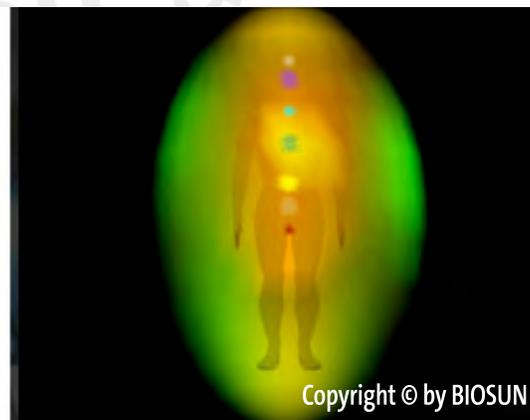
**Before treatment**



**Before treatment**



**After treatment**



**After treatment**

There was a change with our **client** that initially appeared strange, but that became clear when viewed more closely. There is a very clear difference - at first glance the first photograph looks clearer than its equivalent, which was taken directly **after the treatment**. The first image shows a clear blue-

green mix. The client has, however, been practising Reiki (a relaxation technique) for a long period, and also gives massages to other people. In jobs where people help others, we often find the combination of very open, warm, communicative yellow-green tones; the blue displays a **peaceful pole** and an **openness** for spiritual subjects. The Solar Plexus chakra is blocked due to the washed-out colours.

After the treatment, which the client found very relaxing, an unclear orange appears. The **deep relaxation** led to emotional issues from the subconscious appearing at the surface of the client's consciousness. The blocked energy from the Solar Plexus chakra unloaded itself into the orange tones.

A **later treatment showed** that we were dealing with a very old tension that concerned the topic of self-worth. Thus, the treatment helps to bring deep or suppressed parts of the client to the surface.

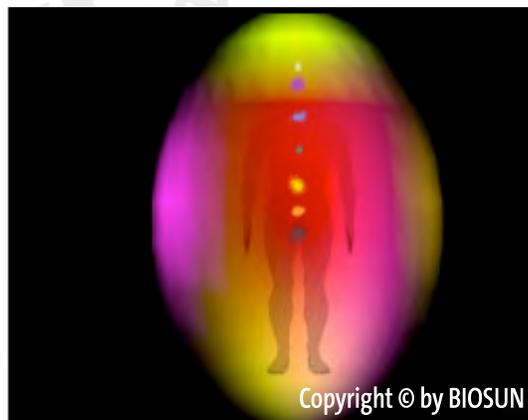
This goes beyond a **deep relaxation**; in this case the client has been recommended to have a regular treatment so that the old issues can be cleared up permanently.

### 3rd EXAMPLE:

Test person no. 17, female, 35 years old



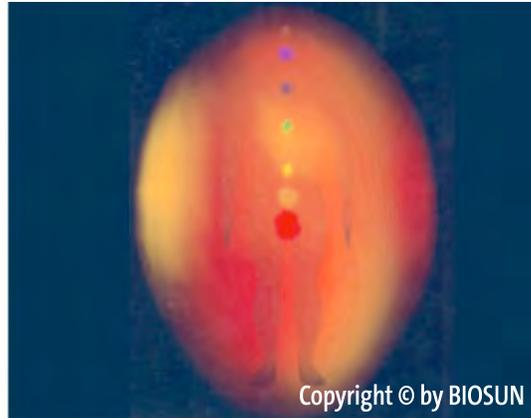
**Before treatment**



**Before treatment**



**After treatment**



**After treatment**

Here we have a client whose personality tends towards **red and orange tones**. People with these colours have a **lot of energy**, but are often unsettled and there is a tendency for the energy to easily become blocked. This leads to an inner unrest that makes it difficult to relax and to let the mind go. The change can be seen as even more **markedly positive**, as these clients often take a long time to relax.

Prior to the treatment the aura is small, and it makes a very unsettled and agitated impression. She comes from work, which is seen as being "stressful", and which shows a strong electromagnetic pollution as an additional strain. For this reason the colours are all unclear and the peaceful colours are missing. The aura makes a very blocked and unsettled impression. Following the treatment, we can see **purple colours**, which reflect a **deep relaxation**.

This colour also shows that we are dealing with a very sensitive and transparent person, who easily picks up on tensions in the surrounding environment and who, therefore, came from work with an unclear aura. We advise the client to consciously protect herself and to try to avoid both negative people and negative situations wherever possible. In addition, the purple tones show that there are **particular strengths** in terms of **intuition** and **spirituality**, which she can utilise in a more conscious manner.

The treatment gave the client a much clearer impression of her potential; she received a clear sense of herself. Green also brings peace and relaxation to the **aura** and **points** to very **healing energy flows** in the aura. The size of the aura doubled from 40 cm to 80 cm. The clarity of the colours grew significantly, which reflects the increased clarity of the client. Now the client

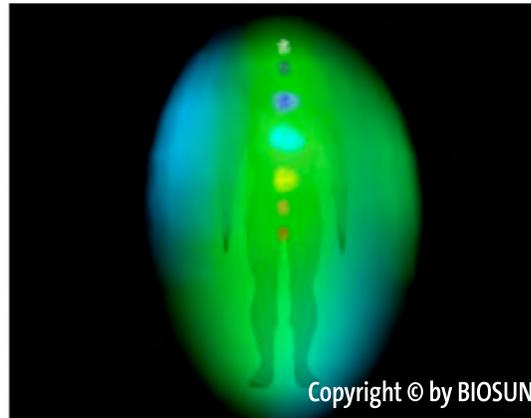
is in a **balanced state**, because the red-orange is balanced by the peaceful green and purple tones.

#### 4th EXAMPLE:

Test person no. 9, female, 38 years old



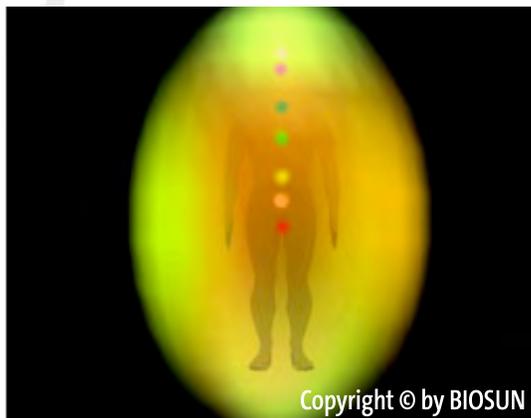
**Before treatment**



**Before treatment**



**After treatment**



**After treatment**

Here we can see three **changes** to the aura: It has increased in size from 50 to 80 cm, which is a very significant increase. The **more energy** that the aura receives, the more stable the person is at all levels and, thus, the better **protected** they are against negative influences. The first photograph also makes a "capped" impression, i.e. the aura above the head is slightly concave.

Secondly, the chakras are placed in an **optimum state** by the treatment. This means that they are all of a similar size (=balanced), they have the best colour (rainbow) and are very open with an average of 80 %. We see a

similar situation after yoga, meditation, Reiki or other similar relaxation techniques. This **intensification** and **harmonisation** has a further effect:

Thirdly, with this client, who felt very good after the treatment, we can also see deep, **emotional themes** appearing. Ear candling treatments can make it possible to bring suppressed thoughts from the subconscious to the surface. It can then be decided, whether the patient would like to work on these themes using a targeted therapeutic intervention. The light green above the head points to the in-flow of a **healing energy**.

## 5. Summary:

### 5.1. Overall analysis of the ear candling treatment:

In the case of almost all clients there were both subjective and objective changes, the latter documented by the aura photography. The chakras and the size of the aura were clearly influenced, in some cases there were colour changes in the aura, which are normally only expected after a long-term treatment. Thus an **effect on the psyche is clearly traceable**. There were a total of three different types of changes, which we will describe in more detail in the following section:

### 5.2 Identifying the three main patterns

#### 1. Only slight or no changes (3 Clients)

The reason for the slight differences lies in the specific initial state of harmony within the client. In other words, the clients were already very relaxed when they had their first photograph taken; they had a balanced aura due to a positive basic inner attitude and lifestyle.

The result was that the difference in the aura was not very clear. However, despite this, there were subjective accounts of a **deep feeling of well-being from the treatment**. In one case there was also a deep-lying tension in the subconscious and in outer life, which was the reason why the ear candle could not make a significant difference. Targeted therapeutic help would be key here and a targeted healing of the aura is recommended. Despite this, the client spoke of an improvement to their condition.

#### 2. Clear changes to relaxation (13 Clients)

Here it is clear that the majority of the clients experienced a measurable **deep relaxation** and **feeling of well-being**. This is clear in the increase of the aura size and the chakras. In addition, following the treatment, there

were more "peaceful" colours, such as blue tones for example. These changes in the aura can also be immediately recognised by non-professionals.

The clients were able to really allow themselves to relax. This is also a precondition for an effective treatment.

### **3. Clear changes to emotional fluctuations (4 Clients)**

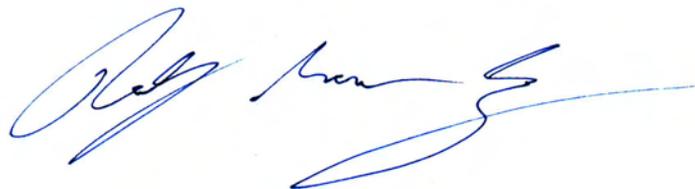
The transition between **wellness and healing** is a fluent one, thus a deep relaxation can also open the way for suppressed, deep-lying feelings. As in this case there is a slight inward flow, a **therapeutic treatment** could be provided afterwards.

A session with hypnosis, Shamanic journeys or Family Constellations would be fitting in cases where intense emotions, such as deep sadness, are released during the ear candling treatment. An **emotional fluctuation** triggered by ear candles will form the basis for a deep level of **satisfaction in life**.

In one case the treatment was given by a therapist who was unsure about the treatment and who transferred their tension onto the client. In all other cases, the trained therapists were able to create the same conditions. The presence and calmness of the therapists had a decisive effect on the **success of the treatment** (as is the case with all therapeutic treatments).

The ability of the client to allow the treatment with the ear candles to take effect is just as decisive. This is one explanation as to why the differences in the before and after photographs differ so greatly.

Responsibility for the accuracy of the data is held by:



Berlin, July 2010

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